

# USA HEALTH

## Planning for the Future

**Recently, have you updated your...**

Retirement Contributions?

Beneficiaries?

Contact Information/Address?

### Schedule of Open Enrollment events

- Thursday, 11/03/22; 3 pm–6 pm  
**Multipurpose Room at CW**
- Friday, 11/04/22; 3 pm–6 pm  
**Café Conference Room at UH**
- Tuesday, 11/08/22; 2 pm-4:30 pm  
**UHOP Rooms 501A & 501 B**
- Wednesday, 11/16/22; 1 pm-3 pm  
**Board Room at MCI Mobile**
- Thursday, 11/17/22; 2 pm-4:30 pm  
**Free Standing ED on Hillcrest**
- Friday, 11/18/22; 2 pm-4:30 pm  
**Strada Patient Care Center Conference Room 1011**

If you have questions, please contact your Human Resources Office.  
phone: 251-415-1604  
email: [healthhrbenefits@health.southalabama.edu](mailto:healthhrbenefits@health.southalabama.edu)

### To Do in November 2022:

- ✓ Review Benefit Changes for 2023 in your Open Enrollment Guide.  
<https://online.flippingbook.com/view/659819054/>
- ✓ Enroll in Flexible Spending Account.  
<https://www.southalabama.edu/departments/financialaffairs/hr/>
- ✓ Complete your PTO Cash Out Election.  
<https://jagaspx2.southalabama.edu/docroute/logon.aspx>
- ✓ Make any benefit changes during November for an effective date of January 1, 2023.

### Looking Ahead for 2023:

- ✓ Confused about something? Ask HR for more details about your benefits.
- ✓ Consider meeting with a TIAA financial advisor in 2023.
- ✓ Start a savings account/emergency fund, or Christmas Club with USA Federal Credit Union.